



ILUSTRACIÓN:
ANAXHOPA

WE ARE FROM THE LAND

Community Guide to create intergenerational dialogues on how to come back to right relationships with the land. *Version 1.0*



What is this: We created a guide to promote intergenerational encounters to link the stories of children, youth, and grandparents to imagine together how to return to the land.

Why: To weave knowledge(s) is to remember that our territories and bodies have memory, that to heal our land is also to heal the history of pains that have crossed us for generations: we are talking about racism, patriarchy, and colonialism that did not end with our peoples because our grandparents braided the rebellion into our hair, because our grandparents farmed the fields that held our food.

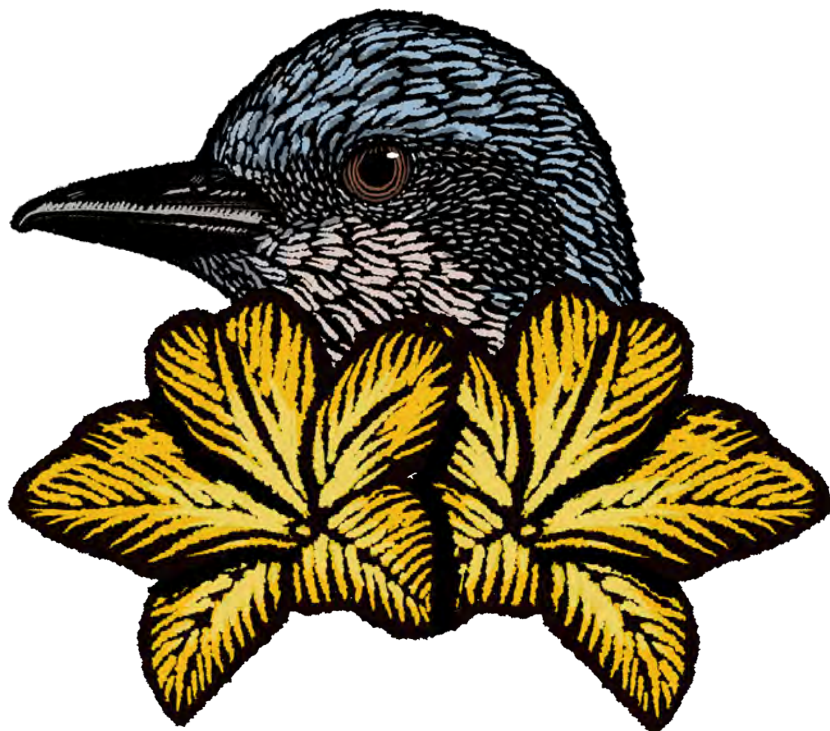
Today, to return to the land is to weave us together again because we have been told that our struggles are separate but we are born and grow together. We are diversity and in that diversity we must build ourselves, recognizing and dignifying our knowledge, because our peoples are living and changing territories.





We recognize the cyclical times and seek to stoke the fire that was given to us because there have been imposed ideas that have made us young people believe that our identity is lost, that our spirituality is absent, and that we struggle alone. To grandmothers, to adult bodies that are made to feel like obsolete bodies that lose vitality and importance. However, we resist in times where we are isolated, displaced and our territories and bodies are destroyed, we stand together:

- **To honor the past, those ancestors who paved the way for us and who have brought us this far.**
- **To recognize the present and the value of what we are doing and rethinking today in our communities.**
- **To think about the future, opening intergenerational spaces to imagine together how to return to the land and do it!**



To braid ourselves together is to look into each other's eyes, to recognize each other, to share knowledge by doing, as we do when we farm together in the field, when we sew, when we cook, when we converse around the fire, that is why we do it:



We Invite You

We call on displaced Youth, affected by violence, on students, and young people who live in a globalized world to dignify the knowledge of the earth, nurture the earth and cultivate seeds of memory, spirituality, collectivity and community to take care of the earth so that the land takes care of us.

To the grandmothers and grandfathers whose work and knowledge have paved the way for us by preserving the knowledge of the land through language, spirituality, and farming, we invite you to share and open your hearts to recover hope and plant other futures together.

We Call on You

We call for the creation of intergenerational community meetings in order to dignify and recognize the knowledge of grandparents, youth, and children in the care and recovery of mother earth and in this sharing to imagine together the future we want for our communities and the planet.

We invite you to reconstruct the history of your community or the territory you live in and imagine the future you want for that territory. Generate conversations but also actions, let's learn by doing. You can be guided by the following questions:

- Through food: What is your favorite dish and why? Is there a story or memory you have with that food? What would you like the food to be like in the future?
- Through language: How do you say it in your native language (corn, chili, squash, etc.) (traditional foods)? Is there a chant about seeds or food in your native language? Could you sing it for us?
- Through working the Land: what are the rituals that are celebrated during harvest season? What are the foods that are shared during these rituals? Do you know the reason for those specific foods used in the ritual? Do you still work/cultivate the land? How do you do it?
- Through tours or brigades: do you know the history of the territory you inhabit? How do you take care of the land of that territory? Have you thought about planning to return to your homeland through a brigade? (If you are living outside your country).



If you have consent, take photos and/or videos to share on social media.

**Use the hashtags: #WeAreFromTheLand #SomosDeLaTierra #ReturntotheLand
#VolveraLaTierra**

culturehack.io/somosdelatierra

Guide for intergenerational meetings

Convene dialogues and/or intergenerational events to dignify the knowledge of grandparents and youth about the work and care of the land 🌍 :

- **"We call on displaced Youth, affected by violence, on students, and young people who live in a globalized world to dignify the knowledge of the earth, nurture the earth and cultivate seeds of memory, spirituality, collectivity and community to take care of the earth so that the land takes care of us."**

Notes for facilitators:

We want to braid and weave the generations together to return to the land.

- How do we do this, what questions can we ask, how do we frame it?
- Land work, cooking, weaving, etc.
- Make sure it is an inclusive space and safer space for all participants.

How we can make connections:

- Working the land brings us together
- Talking about the connection with the land and food
- To return to the land to cultivate it, to stop using poisonous agrochemicals
- Talk about food sovereignty
- Recovering memory and recognizing that food is political and collective.
- We migrate with our food
- Farming to feed and sustain life.

Ways/Ideas that can convene are (there are more ways but these are just a few):

- Potluck gathering to cook collectively, exchange knowledge, and return to the land.

- Make intergenerational spaces to dialogue (face-to-face, virtual or hybrid).
- Make informative videos to post on social networks and send by whatsapp.

Explanation and dialogue about our logo:

Look at our t-shirt and let's start with that; I am from the Land, "Ask me, how?"

Braid:

Braiding the generations together to return to the land. When someone braids your hair, you have to keep your head raised high and straight like those that pride themselves in working the land. Braids in the hair can also be used to carry seeds when we travel or are forced to move from one place to another.

Heart:

Working with the land nourishes the heart

Land:

Work and respect the land and have a relationship with it. Nurture the earth and sow seeds of memory, spirituality, collectivity to take care of the earth and to have the land take care of us.

Questions we can use to moderate an event. Consider your audience and what conversations you want to have/space you want to create:

What do ancestors, elders and youth have in common? (we need to eat and drink clean water, wanting to live)

What is your favorite dish and why? Is there a story or memory you have with that food?

What do ancestors, elders and youth have in common (the need to eat and drink clean water, wanting to live)? What did our grandparents used to eat and what do we eat now?

What is your favorite dish and why? Is there a story or memory you have with that food?

What is the importance of being able to return to your land, whether it is your native land or your ancestral land? How can we return to our land in an ethical way, with an understanding of our relationship with the land?

What does it mean to consume consciously and why? (A conversation about consumption and capitalism. It is important to know where your food comes from even though we cannot consume 100% ethically).

What is the political and collective work involved in eating? How long ago did you stop growing your food?

What sensations are awakened in your body and heart when you eat food that you or the community produces and what do you feel when you eat canned or processed food?

What is the importance of being able to return to your land, whether it is your native land or your ancestral land?

How can we return to our lands in a respectful way, with an understanding of our relationship with the land?

What is territory to you, how do you defend or care for it?

Extra questions for the diaspora (those living outside their territories):

What does having a relationship with the land mean to you? What do you know about your territory and have you been able to return?

Why did you or your family leave? (Discussion on forced migration and how capitalism wants to take us away from our lands to exploit them)